



Choosing and Using Effective Study Strategies

A four-step process to enhance the effectiveness of studying

1. Check it Out– examine current study methods and their effectiveness:

- a. Ask yourself questions such as:
 - i. Do I study the same way for all my classes?
 - ii. Do I like my current study methods?
 - iii. Do they work?
- b. Create a list of each class you are taking, how you currently study for that class, and how effective it is.

2. Find Your Target – think specifically about the task(s) at hand:

- a. Gather information about the specific task (exam, quiz, homework, etc.) you are studying for.
- b. Questions to consider:
 - i. How will the quiz/exam be structured?
 - ii. What types of questions will be on the exam?
 - iii. How can I best study for this type of exam?


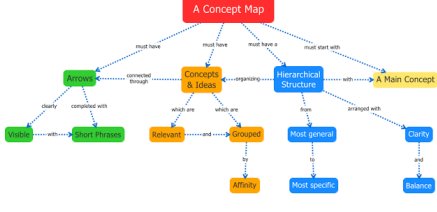

3. Grab Your Toolbox – chose strategies that align with the task:

- a. Look at the chart on the back for some ideas of study strategies and when they are most effective and ineffective.
- b. Choose a few strategies that align with the task (i.e. quiz/exam), type of questions being asked, and personal strengths and weaknesses.

4. Make a Plan – find times to both prepare and review study materials:

- a. Mark down study times on your calendar to clearly indicate what study tasks you will do
- b. Balance the amount of time you spend preparing materials with how much time you spend reviewing.
 - i. For example, if you spend 1 hour making flash cards ensure you have 1 hour (or more) to study from them!

Find more information and resources at: go.osu.edu/dlc

Study Strategy	Examples of WHEN to use	Examples of HOW to use
<p>Flash Cards</p>	<p>Use For: Remembering short term, studying for true/false, multiple-choice questions, or formulas</p> <p>Not: Higher-level thinking, and analysis.</p>	<ul style="list-style-type: none"> • Use for math and science rules & formulas • Write question and clue instead of question and answer • Use pictures & images <div style="display: flex; justify-content: space-around; align-items: flex-start;"> <div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>FRONT</p> <p>$2 + 2 = 4 \times 6$</p>  </div> <div style="border: 1px solid black; padding: 5px;"> <p>BACK</p> <ol style="list-style-type: none"> 1. First step to problem 2. Where you found this problem (PowerPoint slides, lecture notes, etc.) 3. Rules to solving equation: GEMS 4. Formulas 5. Mnemonics/Acronyms 6. Additional steps 7. Answer </div> </div>
<p>Concept Mapping</p>	<p>Use For: Remembering long term, connecting concepts and pieces of information, holistic understanding</p> <p>Not: True/false questions, learning vocabulary</p>	<ul style="list-style-type: none"> • Use different colors or shapes to show concepts • Use in a hierarchical manner to show structure • Use internet mapping software  <p style="font-size: small; text-align: center;">2013 Philippe Bachelet Based on Raimi Bachelet "How to assess a concept map"</p>
<p>Self-Made Study Sheets</p>	<p>Use For: Condensing large amounts of information, enhancing long-term retention, studying key facts and details</p> <p>Not: When you are short on time, when you are unsure what the key information is most important</p>	<ul style="list-style-type: none"> • Summarize long notes into 1 or 2 pages of key details • Write potential test questions in the margin • Highlight, use color, or add bullet points to make important facts stand out. 

** These are just a few sample study strategies, there are many other strategies you can use!