Active Study Tasks – Preparation & Review Strategies

STUDY TASK Study Sheets	 HOW TO PREPARE Combine main ideas from lecture and course readings Include examples, pictures, definitions, and theories For math and science courses, include formulas and sample problems 	 HOW TO REVIEW Recite key information from memory Rewrite study sheet from memory Read over information during "in between" times: on bus, during meals, between classes Read over study sheets first thing in morning and directly before bed to improve memory
Note CardsSubscriptionSub	 Word cards: key terms/concepts Front: Word/concept Back: Definition/explanation Question cards: self-test questions Front: Question Back: Answer Problem cards: for math and science courses. Create cards with problems by topic. Front: 2 Things 1. Type of problem Ex: solve for x 2. Problem Ex: 3x² = 2x = 0 Back: 4 Types of information 1. Specific type of problem Ex: factoring quadratic equation 2. First Step Ex: remove common factor 3. Solution 4. Page number in text (so you can go back to review) 	 Word cards: practice 10-15 at a time; once you have memorized these, move to the next group. You should put words/concepts you consistently miss in a separate pile. Quiz yourself on more challenging words more often until you master them! Question cards: practice answering the questions aloud until you know them all. You can work with a partner or study group to quiz each other. Problem cards: after you have prepared by topic, shuffle them. Go through cards orally a few times (try to state the type of problem and first step out loud before attempting to solve them). Shuffle cards and work each problem as if taking the exam.
Mind Maps*Image: state sta	 Start by writing the main topic you are studying in the center of your map: Ex: <i>Mind Map Guidelines</i> Second, draw smaller branches from the center (main topic) signifying the main themes/ideas of the concept you are studying Ex: <i>Use, Clarity, Center, Style, Keywords</i> Finally, start to fill in your subtopics with all the details you need to memorize Ex: <i>Style: Personal, Develop</i> 	 Recreate/redraw your mind map from memory (see how much you can remember!) Create a new mind map based on the one you originally designed (reorganize topics, add details) Recreate, or draw, smaller mind maps to review each subtopic individually Ex: Create a smaller map for Style section of mind map only *Do an online search for "mind maps" or "concept maps" to see many more examples