



# What are Deep Learning Strategies?

#### How do I use them?

- Deep Learning Strategies are centered around a desire to understand content, its meaning and its connections.
  - Deep learning strategies include active involvement in studying and intentional learning
  - o Deep learning strategies often involve manipulating or modifying information

### • There are many benefits to using deep learning strategies

- Deep Learning Strategies support long-term retention
  - You will be able to remember it months later for that comprehensive final
- Deep Learning Strategies support a complex understanding of topics
  - Deep learning strategies help learners to see the bigger picture and why things matter
- Deep Learning Strategies have a strong connection to learning and performance
  - Using deep learning strategies can help you succeed on quizzes and exams

## • Deep learning strategies need to be used effectively

- **Space out your studying (don't cram)** Allow for at least 5 days of studying prior to an exam.
- Study in short bursts. Study in 30-minute chunks followed by a short break.
   Studying for hours on end decreases concentration and mental capacity.
- Limit distractions when Studying. Find a location that is quiet, turn off notifications, put your phone away. A focused study location is a good study location!
- Reward good study habits. Give yourself rewards for sticking to your schedule, and getting studying done (snacks, TV time, time with friend etc.).

## • There are many different deep learning strategies

 See the chart on the back for examples of deep learning strategies and how to use them.





Deep	Examples of	Examples of <b>HOW</b> to Use
Learning	<b>WHEN</b> to Use	
Strategy		
Organizing Information	<ul> <li>Comparing information</li> <li>Understanding connections</li> <li>Studying for exams with higher-level analysis and synthesis questions</li> </ul>	<ul> <li>Create a chart to compare ideas with columns for key pieces of information</li> <li>Draw a concept map to detail how key course concepts relate to one another</li> <li>Show the progression of a topic using a hierarchical chart</li> </ul>
Writing to Learn	<ul> <li>A topic is new to you</li> <li>You are trying to begin putting information together</li> <li>Gathering thoughts for a paper</li> <li>Assessing what you know (self-test)</li> </ul>	<ul> <li>Write down everything you know about a topic</li> <li>Write your answers to questions that appear in the textbook</li> <li>Summarize PowerPoints or book chapters in writing (limit yourself to 1 page!</li> </ul>
Using Imagery	<ul> <li>Summarizing and enhancing memory of complex topics</li> <li>Adding visual interest to notes to enhance engagement</li> <li>When you need a memory cue</li> </ul>	<ul> <li>In your notes- sketch drawings of connections or key topics or examples of concepts</li> <li>When studying, recreate images from the PowerPoint or textbook from memory to test yourself</li> </ul>
Why and How Explanations	<ul> <li>Enhancing understanding of a topic</li> <li>Trying to figure out something that was previously unclear</li> <li>Studying for exams</li> </ul>	<ul> <li>Study with a friend or group and explain your thinking to them</li> <li>When studying multiple choice questions, write your answers and their reasons before looking at answer choices</li> <li>In your notes, jot down and emphasize the reasoning behind a key factor important detail.</li> </ul>