Help Yourself: Tips for using Ohio State’s Academic Support Services
Help Yourself: Tips for using Ohio State’s Academic Support Services

- Center for the Study and Teaching of Writing
- Dennis Learning Center
- Disability Services
- Mathematics and Statistics Learning Center
- Residence Life Peer Tutoring Program
- University Libraries
Help Yourself: Tips for using Ohio State’s Academic Support Services

- Brief overview of our services
  - Who uses this service?
  - When should/can students use this service?
  - How can you access this service?
- Tips for Asking for Help
- Time to schedule an appointment/investigate links/take a follow-up survey
- Follow up email with links and more information
Advocating for yourself

Who do you feel comfortable asking for academic help?

How does it make you feel when you advocate for yourself and then get the help/resources you need?
Asking for help can be hard

Admit you have a problem that you can’t solve yourself

Need to know who can/will help you

Need to know how & when to ask for help
## Process of Seeking Help

<table>
<thead>
<tr>
<th>Step</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Determine whether there is a problem</td>
</tr>
<tr>
<td>2</td>
<td>Determine whether help is needed or wanted</td>
</tr>
<tr>
<td>3</td>
<td>Decide whether or when to seek help</td>
</tr>
<tr>
<td>4</td>
<td>Decide on the type of help (goal)</td>
</tr>
<tr>
<td>5</td>
<td>Decide on whom to ask</td>
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<tr>
<td>6</td>
<td>Solicit help</td>
</tr>
<tr>
<td>7</td>
<td>Obtain help</td>
</tr>
<tr>
<td>8</td>
<td>Process the help received</td>
</tr>
</tbody>
</table>

(Karabenick & Berger, 2013)
We are here to help!

In this session, you will meet representatives from 6 different Academic Support Services at Ohio State

- Find out how each service can help you
- Learn the steps for accessing each service
- Learn tips to build lifelong help-seeking skills
Worksheet

Complete the worksheet as you listen to each speaker. Use this worksheet as your personal guide to Ohio State services.

List the courses you are enrolled in this semester.

Give brief overviews of each unit with space to fill in details from the session.

In the space for each unit, there are prompts:
- How do the resources relate to the courses I’m taking now?
- Describe a situation that would be a great time to access this resource.
- Who will you tell about this resource? Refer a friend.
- Why wouldn’t you use this service? What are your hesitations/reservations for using this service?
SETTING YOURSELF UP FOR SUCCESS USING OSU’S WRITING CENTER

Center for the Study and Teaching of Writing
The Ohio State University
Who uses the Writing Center?

- Undergraduate students
- Graduate students
- Postdoctoral researchers
- Visiting scholars
- Faculty
- University Staff
- Alumni
WHAT TYPES OF WRITING CAN CONSULTANTS HELP ME WITH?
WHAT PARTS OF THE WRITING PROCESS CAN CONSULTANTS HELP ME WITH?

• Brainstorming ideas
• Understanding the prompt
• Developing arguments
• Organization
• Working with sources
• Long-term writing projects
• Citation
• And more!
HOW ARE WRITING CONSULTATIONS OFFERED?

Online Writing Consultations

• Synchronous, live chat sessions (45 minutes)
• Asynchronous drop-off sessions (45 minutes)

On-Site Consultations

• Not offered in Autumn 2021
HOW DO LIVE CHAT CONSULTATIONS WORK?

• Virtually meet with a consultant at a specific scheduled time.
• Accessibility options include a chat box, an interactive whiteboard, video and audio capabilities.
HOW DO DROP-OFF SESSIONS WORK?

Work with a consultant asynchronously.

Upload file for review (up to 10 pages double-spaced)

Consultants will send you feedback within 24-48 hours of your appointment time.

Since you do not get to chat with your consultant, please include relevant assignment information and share what you’d like help with.
HOW DO I MAKE AN APPOINTMENT?
VISIT OSU.MYWCONLINE.COM
STAY UP TO DATE WITH THE WRITING CENTER: FOLLOW US ON FACEBOOK + TWITTER! (@OSUWRITING) VISIT OUR WEBSITE: CSTW.OSU.EDU
TIPS FOR WRITING SUCCESS

1. Use our free, virtual writing center services early and often in your writing process.

2. Remember that all writers need good readers.

3. Develop / revisit writing habits that will serve you best.
Worksheet

Complete your worksheet...

While you are writing, speaker will give tip for help-seeking with advice/story from their service or life
Dennis Learning Center
YOU CAN DO IT. THE DLC CAN HELP.
The Dennis Learning Center is a resource for ALL Ohio State students who are seeking to improve their successes in college through TANGIBLE and RESEARCH-BASED academic strategies.
2nd Floor of Younkin Success Center  •  All services available online
What do we help with?

1. Smarter study strategies
2. Time management
3. Reducing procrastination
4. Maintaining motivation
5. Organization
6. Note-taking
7. Test-taking
8. ... and much more!

I never needed to study in high school... now I don't know how to study!

I keep forgetting about assignments until it's too late... what can I do?

I can't focus in class and I get distracted when I'm studying... help!
OUR SERVICES:
- Courses
- Coaching
- Workshops
- Online Resources
Courses

Graded **elective courses** that count toward your degree

Learn **strategies** to improve your learning and motivation that you can use in all of your other classes

**Small classes** for personal attention and connection

**Supportive** instructors
Ask your advisor about enrolling in a DLC class!

- **ESEPSY 1259**: Learning and Motivation Strategies for College Success
- **ESEPSY 1159**: Online Learning Strategies
- **ESEPSY 1359**: Technology-Enhanced Learning Strategies
Academic Coaching

Address academic concerns in a one-on-one session.

Personalized support with strategies that will work for you.

Provided by trained undergraduate coaches.

Set goals and stay accountable.
Workshops

45-minute interactive workshops to teach you new ways to improve your academic skills.

Learn strategies and tools that you can use in your life.

First Year Success Series

Survey classes
Online Resources

Free resources that you can watch online or download for later

Learn new tips and tricks

On-demand workshops to sharpen your skills
The DLC: We Help You Succeed!

Welcome new Ohio State students and families!

Get the edge in college with help from the DLC! We offer services for ALL Ohio State students to improve your learning and motivation so you can reach your academic goals, including coaching, workshops, and elective courses. New Ohio State students are encouraged to take one of our elective courses to teach you the skills so you can excel during your career as a Buckeye.
Worksheet

Complete your worksheet…

While you are writing, speaker will give tip for help-seeking with advice/story from their service or life
Disability Services

WHO WE SERVE & WHAT WE DO
Our Mission

Creating access, together.

Student Life Disability Services (SLDS) collaborates with the university community to create accessible educational experiences for students with disabilities.
What We Do

Student Accommodations & Services

Campus Education & Outreach

Faculty/Staff Consultations & Collaborations

OFFICE OF STUDENT LIFE DISABILITY SERVICES
Types of Disabilities

SLDS Registered Students: Visible vs. Invisible Disabilities

- Visible Disabilities: 93%
- Invisible Disabilities: 7%

Types:
- Mental Health Conditions
- ADD/ADHD
- Chronic Medical Conditions
- Learning Disabilities
- Autism Spectrum
- Blind/Low Vision
- Deaf/Hard of Hearing
- Physical Disabilities
- Temporary Injuries
Most Common Accommodations

- Exam Accommodations
- Notetaking Support
- Intermittent Flex Plans
- Priority Scheduling
How to Register with SLDS

1. Student completes online application on SLDS website and uploads documentation
2. SLDS reviews application and notifies student to schedule Welcome Meeting
3. Student participates in Welcome Meeting with Access Specialist at SLDS to establish accommodations
Confidentiality

- SLDS registration status is confidential and only shared with faculty/staff on a need-to-know basis.

- SLDS registration does not appear on transcripts.

- Your medical information is not shared outside of SLDS.

- You choose the classes in which to request accommodations.
Connect with SLDS

Contact Information
- Email: slds@osu.edu
- Phone: 614-292-3307
- VP: 614-500-4445

Access Specialists are available for calls or drop-in appointments Monday – Friday, 9am-4pm.
Worksheet

Complete your worksheet…

While you are writing, speaker will give tip for help-seeking with advice/story from their service or life
Mathematics and Statistics
Learning Center
Tutoring services offered for each course

Description of each service and when to use

How to access service
## Three Types of Tutoring Services

<table>
<thead>
<tr>
<th>Courses</th>
<th>Drop-In (In-person and Zoom)</th>
<th>Appointments (Zoom)</th>
<th>Exam Study Groups (Zoom)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Math 1050, 1075, 1120, 1140, 1149, 1150</td>
<td>Yes</td>
<td>Yes</td>
<td></td>
</tr>
<tr>
<td>Math 1130, 1131, 1148</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
</tr>
<tr>
<td>Math 1151</td>
<td>Yes</td>
<td>(in spring)</td>
<td>Yes</td>
</tr>
<tr>
<td>Math 1152, 1172</td>
<td>Yes</td>
<td>(in spring)</td>
<td></td>
</tr>
<tr>
<td>Math 2153, 2173, 2177</td>
<td>Yes</td>
<td>Yes</td>
<td></td>
</tr>
<tr>
<td>Math 2255, 2174, 2415, 2568, 3345</td>
<td></td>
<td>Yes</td>
<td></td>
</tr>
<tr>
<td>STAT (most 1000 and 2000)</td>
<td>Yes</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Drop-In Tutoring

• Used when students need help on some of their homework problems
• Daytime in-person tutor rooms are a great place to work on math homework or study for exams.
• Students often use the space like a library with the added benefit of a tutor or peers nearby.
• Evening zoom tutors can help assist with homework or review questions that arise.
• Our tutors focus not only on helping you solve the problem at hand, but also work with you to build your understanding and knowledge to prepare you for exams.
Zoom Study Group Tutoring for Exams

• Used as a supplement to your other exam preparations.
• Occurs the day of or prior to an exam and is designed to provide students with an opportunity to study with their peers.
• Students work together in groups of 3-5 on a review sheet.
• Each tutor works with 3 groups and hops around the groups to facilitate group work and assist when a group is stuck.
30-minute appointments

- Used when you need more assistance than you're able to receive in drop-in tutoring.
- For example, students who find they regularly need help on more than half the homework problems.
How to access drop-in tutoring

Hours and Location
10:20am-6:20pm Mon-Thurs, Cockins Hall and Math Building
6:30pm-9:30pm Mon-Thurs, Zoom
3:30pm-6:30pm Sun, Math Building
• Undergraduate employee will greet you and help you check-in
• Once you check-in, sit down at any of the tables arranged in pods and begin working on your homework.
• If you have a question, use a pink “need help” card stands to notify a tutor
• After receiving help, go back to working on your homework until you have another question.
• When you leave, checkout the same way you checked-in.
How to access appointment tutoring

• Scheduled through OnCourse
  • Step by step instructions: https://mslc.osu.edu/mslc-tutoring-services/appointment-tutoring
• You’ll select Math Tutoring (virtual/online appointment) and then select your course. You’ll see calendar of available appointments. May need to scroll forward.
• At end of first appointment, tutor will ask if you want to make it weekly recurring
How to access study group tutoring

• Similar to scheduling appointments

• Scheduled through OnCourse
  • Step by step instructions: https://mslc.osu.edu/mslc-tutoring-services/study-group-tutoring

• You’ll select Study Group tutoring as service

• MSLC also sends out emails from OnCourse a few days prior with a link going directly to scheduling
Goal: Promote student learning through student engagement in mathematical thinking and doing

• At the MSLC we encourage students to:
  • Get as far as they can on a problem and ask for help when stuck or unsure
  • Be the driver (write, ask questions, make as many of the mathematical decisions as possible)
  • Explain their mathematical thinking
  • Make an effort to answer tutors’ guiding questions
  • Be willing to learn through struggle or being incorrect
Website

www.math.osu.edu

Tutoring in top navigation bar

OR

https://mslc.osu.edu/mslc-tutoring-services

Direct to appointment information: https://mslc.osu.edu/mslc-tutoring-services/appointment-tutoring

Questions? mslc@math.osu.edu
Worksheet

Complete your worksheet...

While you are writing, speaker will give tip for help-seeking with advice/story from their service or life.
Peer Tutoring Program
Peer Tutoring offers free assistance for math, chemistry, physics, and biology

- Available in-person and online throughout the day Sunday-Friday.
- Tutoring available for other subjects by request
Our Peer Tutors

• Receive instruction from a CRLA certified training program
• Have taken the classes they providing tutoring for
• Help in study skills, learning methods, and note-taking
Get help before you need it

Studies show that students who utilize tutoring and supplemental instruction early in the semester maintain a higher grade in the course.

- MSLC
- ODI Tutoring
- College of Engineering ACE
- Chem/Physics/Psychology tutors
- Dennis Learning Center Academic Coaching
Questions
Visit our website for more information

Peer Tutoring
go.osu.edu/peertutoring
Email
tutoring@osu.edu
Phone
614-688-0924

Shannon Mullally
First Year Residential Experience Specialist
Email
Mullally.3@osu.edu
Phone
614-688-0924
Worksheet

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Start With Us!

Key Library Resources for Your First Year

Presented by University Libraries
Beth Black, Undergraduate Engagement Librarian
With so much to learn in your first year at Ohio State, you’ll want some help. University Libraries is a great place to start for:

- Personalized guidance from peers
- Accessing resources from anywhere
- Textbooks and other course materials
- Spaces to work and study
- STEP PDCs and FYSS sessions

Learn more at go.osu.edu/firststeps
Personalized Guidance

Get virtual or in-person peer-to-peer help from staff at Ask Us

Staff can help you find articles, access library materials, navigate the physical library space and more

go.osu.edu/askus
A+ Research Coaching

Scheduled in Oncourse and listed under “Academic Discovery and Success”

One-on-one coaching to help you navigate your research assignments from start to finish

For scheduling, go to go.osu.edu/aplus
Access the Library from anywhere!

library.osu.edu
Accessing the Library from Carmen
We have textbooks and other course materials

Access hundreds of course materials on reserve for short-term use in Thompson Library, 18th Avenue Library and other libraries

Search Course Reserves at go.osu.edu/library-textbooks
Need help getting started with your research?

Visit go.osu.edu/firststeps to access two great electronic resources to get you started:

• A Guide to Library Research
• Choosing & Using Sources: A Guide to Academic Research

Find the guides at go.osu.edu/firststeps
Libraries' STEP PDCS and First Year Success Series Sessions

University Libraries offers several different sessions both in Carmen and in person:

- Using your iPad to access the Libraries
- How to navigate Thompson Library in a game-based session
- How to succeed in research assignments

Learn more at the FYSS and STEP websites.
University Libraries are for everyone!

You are welcome to use any University Libraries location regardless of your major. Please check here for open locations and hours.

[go.osu.edu/libraryhours](go.osu.edu/libraryhours)

Reserve a group study room at

[library.osu.edu/room-reservation](library.osu.edu/room-reservation)

Maps to our libraries available on

The Ohio State University Mobile App
University Libraries is here for YOU!

go.osu.edu/firststeps
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  - Instructions on how to use the service
- Tips for Asking for Help
- Time to schedule an appointment/investigate links/take a follow-up survey
- Follow up email with links and more information
Questions?

Schedule appointments right now!