

Online Study Groups

- 1. *Get your group together***
 - 3-5 classmates who want to achieve a good grade.
 - Email your classmates on Carmen to invite them to start a group.
 - Schedule recurring CarmenZoom meetings and set reminders.
- 2. *Agree on a study session format***
 - Discuss your group goals.
 - Decide how you will approach each study session (e.g., review study guide from professor, use study questions in your textbook, etc.).
- 3. *Show up prepared***
 - Be familiar with course material before study session.
 - Identify difficult topics or questions you have about the content.
- 4. *Stay organized and focused***
 - This can be challenging, especially when they are your friends!
 - Identify a group leader to identify goals for each session and keep the study session moving toward those goals.
 - Take short breaks at scheduled intervals.
 - Minimize distractions – put your phone on Do not Disturb/Downtime and minimize irrelevant tabs and apps.
- 5. *Review, review, review***
 - Do a quick wrap-up at the end of the study session to recap.
 - Allow the last 10-15 minutes of the review session to address your progress toward your goals.
 - Take note of questions the group has for the professor or TA.

Questions?

Talk with an Academic Coach online

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