

Dennis Learning Center Fact Sheet

What is the Dennis Learning Center (DLC)?

The Dennis Learning Center is a resource for Ohio State students who are seeking to enhance their academic strategies and motivation. We are located on the second floor of the Younkin Success Center and offer courses, academic coaching, workshops, and online resources.

What courses does the DLC offer? (<http://go.osu.edu/courseinfo>)

The DLC offers three elective, for-credit, letter-graded courses related to college success strategies. Courses can be taken in any order. They are listed in buckeyelink under Educ Sts: Education Psychology (ESEPSY).

- **Flagship Course on College Success**

- ***Educ Sts: Education Psychology (ESEPSY) 1259 - Learning and Motivation Strategies for Success in College***
 - 3-credit elective; full-term course; offered autumn, spring, and summer.
 - In-person and online sections available.
 - Topics include self-regulation, motivation, goal-setting, time management, concentration, memory, note taking, reading, exam preparation, test taking, and communication (papers and speeches).
 - Researchers demonstrated that students who took the course, as compared with similar students who did not, attained higher GPAs, retention rates, and graduation rates (Tuckman & Kennedy, 2011).
- How do I help students decide between the in-person and online sections of 1259?
 - *In-person sections:* An ideal choice for students who would prefer the instructor presence and peer interaction of a small class (capped at 25 students). The best option for students who need structure and support.
 - *Online sections:* An ideal choice for students who are self-directed, prefer to learn from reading and writing, and have a need to engage in anytime/anyplace learning. An online section is not the best atmosphere for students who need high structure and support.

- **Academic Recovery Course**

- ***Educ Sts: Education Psychology (ESEPSY) 2059 - Becoming a Self-Regulated Learner***
 - 2-credit elective; 7-week course; offered autumn, spring, and summer.
 - In-person course.
 - Target audience is students who have dropped one or more courses midway through the semester or who are eligible for academic dismissal.
 - Focuses on personal application of self-regulated learning strategies and covers topics of unique benefit to students in academic difficulty, including the culture/expectations of higher education, adaptive help-seeking, active learning, planning, taking responsibility, and building resilience.

- **Learning Strategies and Technology Courses**

- ***Educ Sts: Education Psychology (ESEPSY) 1159 - Online Learning Strategies and Skills***
 - 2-credit elective; 7-week course; offered autumn, spring, and summer.
 - Online course; has received Quality Matters recognition.
 - This introductory-level course teaches strategic uses of web-based tools and resources to improve time management, study skills, and active learning.
- ***Educ Sts: Education Psychology (ESEPSY) 1359 - Technology-Enhanced Learning Strategies***
 - 3-credit elective; 7-week course; offered autumn and spring.
 - Blended course (in-class meetings + Carmen + online meetings)
 - This more advanced course explores technology tools that enhance research, communication, information literacy, and collaboration skills.
 - Students work in teams and produce both individual and group projects. The course provides experience with goal setting, planning, academic writing, and giving/providing feedback.

What services does the DLC provide?

- **Academic Coaching (<http://go.osu.edu/coachinginfo>)**
 - Academic coaching is free, by appointment, and tailored to students' individual academic goals and needs.
 - Coaching sessions typically last 45-60 minutes. Most sessions are facilitated by undergraduate academic coaches, who are trained in helping peers develop learning and motivation strategies.
 - The topics most commonly addressed in coaching sessions are study strategies, time management/procrastination, and test taking/test anxiety.
 - Academic coaching differs from subject-specific tutoring. Academic coaches do **not** explain content or assist with homework in specific courses. Academic coaches **do** help students develop individualized strategies for managing their time, studying for their courses, and performing their best on quizzes and tests.
 - Students attend an average of two sessions but are also able to schedule weekly check-ins. Students are encouraged to continue working with the same academic coach.
 - Typically, the first coaching session focuses on identifying areas students most want to improve; students leave with specific new strategies to try in the week(s) ahead. The second appointment focuses on exploring when, how, and why the strategies were or were not effective. Subsequent appointments provide a supportive environment for setting, monitoring, evaluating, and adapting goals/strategies.
- **Workshops (<http://go.osu.edu/workshopinfo>)**
 - Available topics include note taking, procrastination, study groups, test taking, preparing papers, managing academic stress, and memory tools. Custom topics are available upon consultation.
 - Workshops typically last 45 minutes. Most are offered by request for students in intact groups (e.g., survey courses). Other workshops offered throughout the year are open to any Ohio State student.
 - *For intact groups (offered at a time, date, and location established by person requesting workshop):*
 - Workshops are offered by request for survey courses, departments, residence halls, and student organizations.
 - Our website includes an online workshop request form: <http://go.osu.edu/workshoprequest>.
 - *Open to any Ohio State student (offered at a time, date, and Younkin location established by DLC):*
 - For workshops offered in partnership with the FYE Success Series, students can register at <http://fye.osu.edu/successseries.html>.
 - For all other open workshops, students can register through <http://dennislearningcenter.osu.edu/register>.
- **Online Resources (<http://go.osu.edu/studysmarts>)** include online lectures and tutorials.

When should I recommend the DLC to students?

When you want to support a student's academic development, the DLC can help. We serve a wide range of students from every degree-granting college, from new undergraduates to 4th-year medical students. We provide support and insight whether students are on probation or simply seeking greater efficiency. Different services can serve different purposes:

- Students who would benefit from a comprehensive, structured experience may prefer to enroll in our courses.
- Students who would benefit from personalized support may prefer to schedule an academic coaching session.
- If you have a particular aspect of college success that you would like to help a group of students develop, then consider requesting a workshop.

How do I refer a student to the DLC?

- The most common way to refer students is to direct them to our website (<http://dennislearningcenter.osu.edu>) or our shortened links (<http://go.osu.edu/courseinfo>, <http://go.osu.edu/coachinginfo>, <http://go.osu.edu/workshopinfo>).
- For academic coaching, most students prefer to use our website to browse availability and schedule a time/date.
- If you or a student has questions about how the DLC can be of service, contact dlc@osu.edu or 614-688-4011.